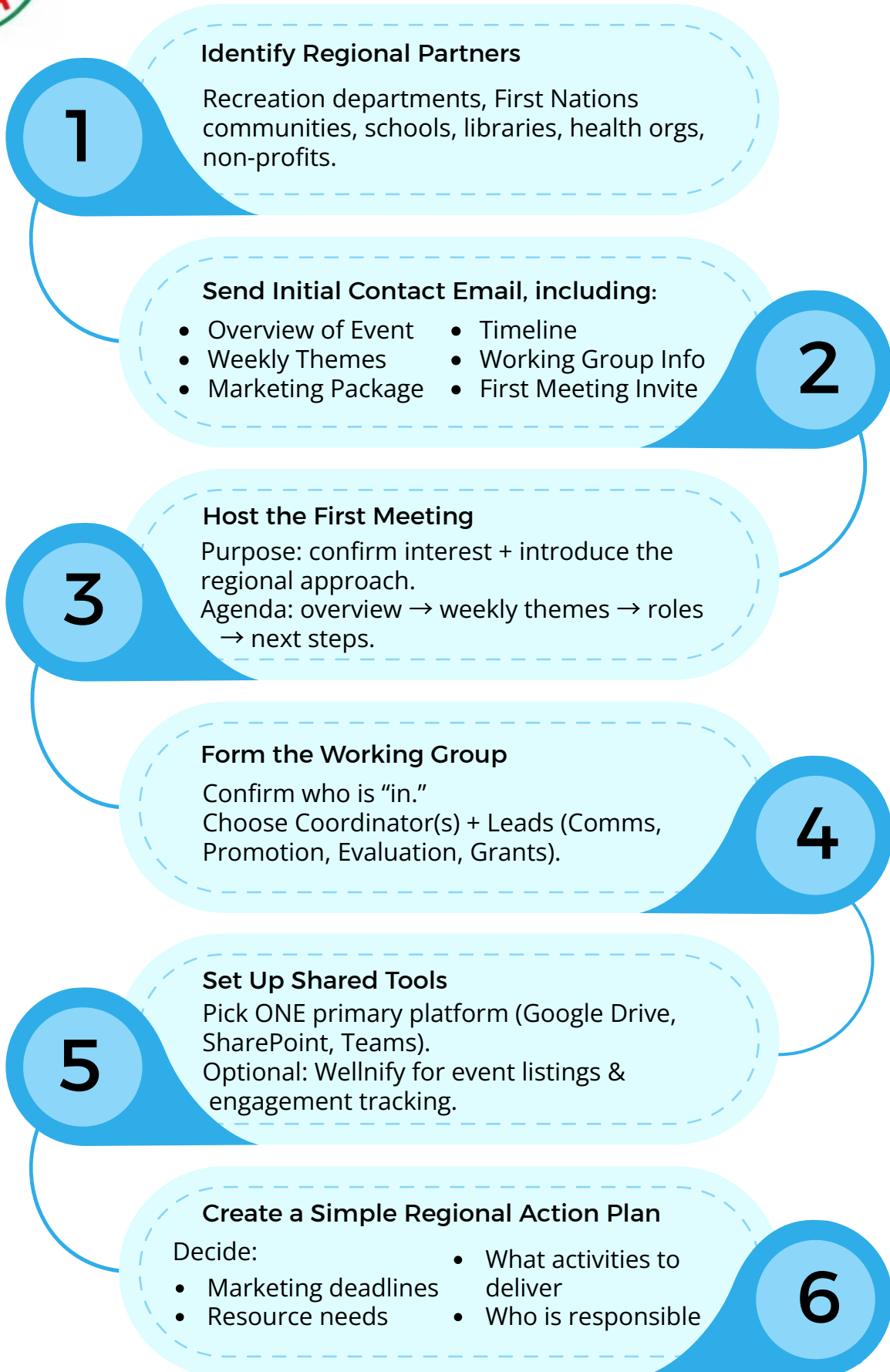




# Regional Working Group

## Quick Start Flowchart



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## Quick Start Flowchart

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### Adopt the Terms of Reference

Use the provided template (editable).  
Clarify purpose, roles, meeting frequency, communications.

8

### Meet Regularly (Short and Simple)

January–March → monthly  
April–May → bi-weekly

9

### Deliver Weekly Theme Activities in June

Use marketing templates and communications plan.  
Share content regionally + provincially.

10

### Collect Data & Stories

Use the shared tracking sheet or Wellnify.  
Capture participation, partnerships, photos, and feedback.

11

### Celebrate + Debrief

End-of-June reflection meeting:

- What worked
- Success Stories
- What to improve
- Plan for next year

